

BEREAVEMENT CALENDAR OF EVENTS



As of 07-1-10

Registration required for all events.

Bereavement Support Groups

Bereavement Support Group for Adults

Mondays, July 12 — August 30, 2:00 - 3:30pm

Tuesdays, September 7 — October 26, 5:30 - 7:00pm

Meet for eight consecutive weeks to learn about the grieving process and be with others who are grieving. These groups are for adults who have experienced the death of a loved one and three months have passed since the death.

Remembering Our Children

The 1st and 3rd Mondays of the month, 6:00 – 7:30pm

If you are a parent or family member who has experienced the death of a child, we invite you to join us for education about grief and loss, support, and healing.

Men's Breakfast Club

The 3rd Thursday of each month at 8:30am

Location: the English Inn of Charlottesville, 2000 Morton Drive (behind Emmett Street Bodo's Bagels)

Be a part of this social gathering for men. Gain support through conversation and connection with other men experiencing the ups and downs of grief. (A breakfast buffet will be available, payable by attendee at the front desk.)

Monthly Drop-In Support Group

The 2nd Monday of the month, 5:30 – 7:00pm

An open bereavement support group for any adult who has been affected by the death of a friend or family member. This is an opportunity to discuss grief topics and receive support from others going through the grief process.

Bereavement Workshops and Other Events

Beginning Your Grief Journey

Join us for an evening of education and sharing for the newly bereaved. We will introduce basic grief concepts and provide time to begin to share the story of your loss in a group setting.

July 7: Albemarle County, 1:00 - 3:00pm

August 4: Albemarle County, 6:00 - 8:00pm

September 1: Albemarle County, 1:00 - 3:00pm

September 15: Crozet, 6:00 - 8:00pm

Journeys Program

Journeys Program for Children, Teens and Parents

Thursdays, beginning June 17, 5:00 – 6:30pm

Participants in our 6-week sessions receive support and grief education. While parents meet with a bereavement counselor, children/teens meet with our art therapist and engage in creative self-expression as a means to explore their loss. Please call for additional information, the next dates and times of our sessions, and registration details.

Journeys Program Summer Bereavement Day Camp — Call now to save your spot!

August 17, 18, 19, 9am - 4pm

A combination of food, fun, camp activities, and remembering loved ones at Camp Holiday Trails in Charlottesville.

BEREAVEMENT CALENDAR UPDATED
REGULARLY ON WEBSITE: WWW.HOPVA.ORG

IN CASE OF INCLEMENT WEATHER, EVENTS
WILL BE CANCELLED IF THAT COUNTY'S
SCHOOLS HAVE BEEN CLOSED.