



Understanding Advance Directives: A Six-week Series

Tuesday evenings, September 19 – October 24, 5:30 – 7:30 p.m.

Hospice of the Piedmont offices,

675 Peter Jefferson Parkway, Suite 300, Charlottesville

Hospice of the Piedmont (HOP) will host a six-week series exploring all you need to know about advance directives, titled “Understanding Advance Directives.” The series will cover all aspects of learning about and writing advance directives in a setting that will include professional presenters and small-group discussions.

The six-part series will cover the following:

- **Class 1, September 19:** Introductions; overview of advance directives and why they are needed.
- **Class 2, September 26:** Thinking about priorities for end-of-life wishes.
- **Class 3, October 3:** Healthcare Attorney Dana Traynham will present to the group and answer questions.
- **Class 4, October 10:** This session will be led by a panel of experts from Hospice of the Piedmont. Discussion will focus on what hospice is and how it can help at the end of life.
- **Class 5, October 17:** How to have the end-of-life wishes conversation with your family, friends, and doctors – learn tips for tackling this difficult conversation.
- **Class 6, October 24:** The final session will be an exercise in filling out an advance directive, so you’ll leave this class with your own, completed advance directive.

To register, call 817-6900 during business hours (M-F, 8:30 a.m. – 5 p.m.)

This series is free and open to the public, but donations are welcome.