

## GRIEF BIBLIOGRAPHY FOR ADOLESCENTS

- Bode, Janet. Death is Hard to Live with: Teenagers Talk about How They Cope with Loss. Delacorte Press, 1993.
- Blume, Judy. Tiger Eyes. NY: Bradberry Press, 1981.  
*The touching story of a teenage girl who loses her father suddenly and her attempt to cope with this loss. Ages 10 and up*
- Carrick, Carol. Upside Down Cake. NY: Clarion Books, 1999.  
*A boy uses a journal to help him face the anger and guilt that accompanies the illness and death of his father. Ages 10-14*
- Coppola, Alicia. Gracefully Gone. CreateSpace Independent Publishing Platform, 2013.  
*Written in a journal format, this is a story about a father and daughter's journey through the diagnosis and battle of cancer.*
- Deaver, Julie Reece. Say Goodnight Gracie. Harper Keypoint, 1988.  
*A novel for young people about the death of a close friend. Ages 11 and up*
- Fitzgerald, H. The Grieving Teen: A Guidebook for Teenages and Their Friends. Touchstone, 2000.  
*A novel for young people about the death of a close friend. Ages 11 and up*
- Flohr, Caroline. Heavens's Child. Book Publishers Network, 2012.  
*A memoir about the death of sixteen-year-old twin daughter Sarah as told by her mother.*
- Fry, Virginia. Part of Me Died Too. NY: Dutton Children's Books, 1995.  
*Stories of children with different losses written by a hospice counselor who uses art with children and teenagers. Ages 8 and up*
- Geithner, Carole. If Only. Simon Pulse, 2015.  
*A novel for young people about the death of a close friend. Ages 11 and up*
- Gootman, Marilyn E., Ed. When a Friend Dies: A Book for Teens about Grieving and Healing. MN: Free Spirit Publishing, 1994.  
*Includes quotes from teens about what they're going through, followed by some helpful comments, explanations. Good for group discussions. Ages 13 and up*
- Grollman, Earl A. Straight Talk about Death for Teenagers. Boston: Beacon Press, 1993.  
*A simple book with explanations and suggestions.*
- Hanson, Warren. The Next Place. MI: Waldman House Press, 1997. *An Inspirational journey of awe and wonder.*
- Krementz, Jill. How It Feels when a Parent Dies. New York: Alfred A Knopf, 1981.  
*A collection of photo-essays with thoughts and feelings of eighteen children who have lost a parent. Ages 6-18*
- Paterson, Katherine. Bridge to Terabithia. NY: Harper & Row, 1997.  
*An eloquent, beautifully written story about how a boy faces the tragic death of his best friend.*

Samuel-Traisman, Enid. Fire in My Heart, Ice in My Veins. Omaha: Centering Corporation, 2003.  
*An excellent journal for teens to help while grieving the loss of someone special.*

Schwiebert, Pat and Deklyen, Chuck. Tear Soup: A recipe for healing after loss. Portland, Oregon, 1999.  
*Affirms the bereaved and educates the un-bereaved.*

Sims, Alicia M. Am I Still a Sister? Albuquerque, NM: Sims Publications, 1988.  
*An eleven year old sister tells the story of her brother's death, how she worked through her grief, and how her brother will always be a part of her. Ages 12 and up*

Smith, Doris Buchanan. A Taste of Blackberries. NY: Harper & Row.  
*An honest and sensitive story about the death of a boy's best friend and how he faces this tragedy. Ages 10-15*

Wheeler, Jenny Lee. Weird is Normal When Teenagers Grieve. Quality of Life Publishing Co. 2010.  
*Jenny walks the reader through the different aspects of grief.*

Wolfelt, Alan D. and Wolfelt, Megan E. The Healing Your Grieving Heart Journal for Teens. Fort Collins: Companion Press, 2002.

Wolfelt, Alan D. Healing Your Grieving Heart for Teens: 100 Practical Ideas. Fort Collins: Companion Press, 2001.

## ONLINE SUPPORT

<https://slapd.com/>

*Provides support and resources to young people who are coping with the death of a parent*

<https://www.childbereavementuk.org/young-people>

*Provides support for young people and a mobile grief app is available on Google Play.*