



**HOSPICE** OF THE *Piedmont*  
**GRIEF AND HEALING**

## **Recommended Books & Videos for Loss of a Pet**

**Brown, Robin Jean; How To Roar: Pet Loss Grief Recovery; October 2005**

This text is written to guide those dealing with grief from pet loss. The author is personal, empathetic, and comforting and helps readers move through their grief.

**Dolan-Del Vecchio, Ken, and Saxton-Lopez, Nancy; The Pet Loss Companion: Healing Advice from Family Therapists Who Lead Pet Loss Groups; August 2013**

The authors share stories drawn from decades of experience leading pet loss groups and practicing family therapy. Their recommendations for caring for yourself and loved ones amidst grief will answer readers' questions.