



**HOSPICE**  
OF  
THE *Piedmont*

**YOUR PEACE  
OUR PURPOSE**



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# HOW WILL YOU DEFINE A GOOD DEATH?

Starting the conversation about hospice care can feel overwhelming, but no one needs to do it alone. You and your loved ones should talk about what's important to you as you near the end of life: What are your goals? How do you want to spend your remaining time? Where do you want to be?

These are important questions, and you deserve to choose how you want to live during this time.

Hospice is medical care that focuses on comfort so that the final months of a person's life can be spent on what really matters, rather than enduring painful, often ineffective medical treatments. Since 1980, we've been proud to offer compassionate, expert hospice care to our community.

This booklet is a resource that will help you understand what hospice offers, and how Hospice of the Piedmont can help.

# HOSPICE

## MYTH VS TRUTH

### MYTH    TRUTH

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Hospice is a place you go to die.

Hospice care brings comfort to anywhere you call home: a private residence, an assisted living facility, or a nursing home. The point of hospice care isn't to uproot you—it's to meet you where you are and improve your quality of life. Most often, we see patients in their homes, but if your needs change, we have two inpatient facilities: the Center for Acute Hospice Care and Hospice House.

### MYTH    TRUTH

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Hospice care is for people on their deathbeds.

Hospice is quality care for people who have received a prognosis of six months or less to live. At Hospice of the Piedmont, we know this is a valuable period of time. As your needs change, we seek to provide you care that brings you comfort, rather than a cure. You can always choose to stop hospice, and you can resume at any time.

## **MYTH**

Choosing hospice means leaving my doctor.

## **TRUTH**

Our specialists will work closely with your provider, if you wish. Alternatively, we can provide you with a new doctor.

## **MYTH**

Hospice care is expensive.

## **TRUTH**

Hospice of the Piedmont is dedicated to providing quality care to everyone, regardless of their ability to pay. Hospice care is covered by Medicare, Medicaid and most private insurance. Less than 0.5% of our patients ever receive a bill from us.

## **MYTH**

My doctor has  
to refer me  
to hospice care.

## **TRUTH**

Anyone can refer a patient to hospice—family members, friends, doctors, or even the patient themselves.

## **MYTH**

Hospice means  
giving up.

## **TRUTH**

Choosing hospice allows you to live the last chapter of your life as comfortably as possible.

Our team is dedicated to addressing your individual emotional, spiritual, and social needs, not just your medical care. Hospice doesn't mean giving up at all—it means focusing on what matters most.



# HOSPICE ELIGIBILITY CRITERIA

We provide exceptional end-of-life care for patients who:

- Have a prognosis of six months or less to live.
- Want comfort care rather than curative care.
- Live in the cities of Charlottesville, Staunton, or Waynesboro, or in our 12-county service area: Albemarle, Augusta, Buckingham, Culpeper, Fauquier, Fluvanna, Greene, Louisa, Madison, Nelson, Orange, Rappahannock.

*Palliative medicine is offered regardless of prognosis to anyone with a serious illness in our service area.*







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## **WE BRING CARE TO YOU, WHEREVER YOU CALL HOME.**

Our team provides care in private residences, nursing homes, assisted living facilities, and retirement communities. We also offer intermittent skilled visits as needed to support both patients and caregivers. Should your needs change, our two inpatient facilities are available for more intensive care.

We understand that every patient is unique, which is why we work with you to tailor a personalized plan of care. Whether it's coordinating medical services, offering practical assistance, or helping navigate difficult decisions, we ensure your care is aligned with your personal needs and preferences.

# WHY CHOOSE HOSPICE OF THE PIEDMONT?

Choosing the right hospice is an important decision. What sets us apart?

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## HISTORY

With over 40 years of experience, we're deeply rooted in Central Virginia, providing quality end-of-life care and palliative medicine to more families than any other hospice in the region. Led by local community members, our decisions are guided by the needs of our neighbors—not the priorities of a national chain.

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## QUALITY CARE

We are the only hospice in the area with full-time, board-certified physicians in hospice and palliative medicine, making house visits and available 24/7. Our doctors, nurses, and social workers hold advanced certifications, ensuring expert care and some of the lowest hospital readmission rates in the state.

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## HOLISTIC APPROACH

With over 100 doctors, nurses, social workers, chaplains, and aides, we have the largest team of hospice professionals in the area. And because we know comfort care is about much more than medicine, our dedicated team works together to support your overall well-being. From symptom management to spiritual counseling, every service is designed to bring you peace.

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## INPATIENT CARE

We are the only local hospice with two dedicated inpatient facilities. Our **Center for Acute Hospice Care** provides short-term, continuous care for severe pain and advanced symptoms, while our **Hospice House** offers 24/7 care in a home-like setting for patients without caregivers or when home care isn't an option.

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## COMMUNITY FOCUS

With no investors to pay, every dollar we receive is dedicated to enhancing care for our patients, their families, and the community. As a nonprofit, we focus entirely on meeting the needs of those we serve. The generosity of our donors helps us provide these vital services to anyone who needs them.

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# WHO PROVIDES CARE?

Full-Time Chief Medical Officer

Hospice-Credentialed Medical Staff

Referring/Primary Care Physician

Nurse Practitioner

Registered Nurse and Licensed Practical Nurse

Certified Nursing Assistant

Social Worker

Chaplain/Spiritual Counselor

Death Doula

Volunteers





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## NO-COST ADDITIONAL SERVICES

Support for Caregivers

Grief Counselors

Supportive Music

Art Therapy

Pet Therapy

Reiki & Massage

*These services are made possible thanks to  
generous support from our community.*

# GRIEF AND HEALING

No one should have to cope with loss alone.

We provide grief counseling to anyone who needs it, including specialized services for kids and adults. Anyone can take advantage of our services, even if their loved one wasn't in our care.

Our Kids' Grief and Healing programming provides community and creative healing to youth in need. Through our Journeys camps, teen groups, and creative expression programs, we help young people (4-18) forge connections with others and develop coping skills.





# PALLIATIVE MEDICINE

For patients with advanced or serious illnesses who are not yet ready for hospice, palliative medicine is a specialized type of medical care focused on enhancing comfort and quality of life.

What makes our service unique is that we bring palliative care directly to you, wherever you call home. The palliative medicine team at Hospice of the Piedmont helps patients manage symptoms such as pain, nausea, and anxiety, while supporting the emotional and spiritual needs of both patients and their loved ones. Patients can continue curative treatments while receiving palliative care. Our team helps patients navigate treatment options, create an advance care plan, and connect with community resources that can improve quality of life. By communicating and collaborating with primary care providers, our palliative care nurse practitioners ensure every patient stays comfortable and feels connected to their existing care team.

# VOLUNTEER SERVICES

Volunteers play an essential role in delivering personalized, peaceful hospice care. Our team of over 100 trained volunteers work closely with our nurses and staff to provide patients with the experience they deserve. Volunteers support our community by:

- Providing meal prep and other direct services to patients in need.
- Assisting with grief classes, calls, and one-on-one support.
- Applying their skills to better our community through Reiki therapy, massage, and our music program.
- Helping with administrative services.
- Getting involved in volunteer-led programs such as pet therapy, tuck-in calls, and 11th hour vigils.
- Hosting special events such as fundraisers and camps for kids.
- Holding pinning ceremonies to honor our veteran patients.
- Training to become Death Doulas and providing spiritual support.



If you're interested in sharing the invaluable gift of time and care, we invite you to learn more about volunteering at Hospice of the Piedmont.

Contact us at **434-817-6900** or **[volunteers@hopva.org](mailto:volunteers@hopva.org)**  
or visit our website **[www.hopva.org/get-involved/](http://www.hopva.org/get-involved/)**.

For over 40 years, Hospice of the Piedmont has provided expert care and support to Virginia families experiencing serious illness, dying, and grief. As a community-based nonprofit, we offer the broadest range of services to the widest number of people possible, no matter what it takes.

## **MISSION**

To guide life's final journey with expertise and empathy.

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## **VISION**

To reimagine the way our community views and experiences serious illness, dying, and grief.

# CONTACT US

Please contact us with any questions or concerns. We're happy to talk through how we can meet your needs and provide more information about what we offer.

**800-975-5501 | [www.hopva.org](http://www.hopva.org)**

## **CHARLOTTESVILLE OFFICE**

675 Peter Jefferson Parkway, Suite 300  
Charlottesville, VA 22911

## **CENTER FOR ACUTE HOSPICE CARE**

2965 Ivy Road  
Charlottesville, VA 22903

## **CULPEPER OFFICE**

1200 Sunset Lane, Suite 2320  
Culpeper, VA 22701

## **HOSPICE HOUSE**

501 Park Street  
Charlottesville, VA 22902



YOUR **PEACE**  
OUR **PURPOSE**

## **HOSPICE OF THE PIEDMONT**

800-975-5501

434-817-6900

540-825-4840

[www.hopva.org](http://www.hopva.org)

Serving Central and Northern Virginia since 1980