

PRESENTS

ABIDING *with* GRIEF

A CONFERENCE ON PRESENCE, COMPASSION & THE LIVING BODY

Saturday, May 2, 2026

Time	Session	Description	Instructor
9:00 - 9:15 am	Opening and Introductions		
9:30 - 10:30 am	Abiding with Grief	Focusing on attunement, listening, and non-judgmental presence	Teresa Haase, PhD, LPC, ACS
10: 45 - 12:15 pm	Grief in the Body	Track and support clients' somatic experience of loss	Annmarie Early, PhD, LMFT
12:15 - 1:15 pm	Lunch	Provided for all attendees	
1:30 - 3:00 pm	Being With: Mindfulness-Based Practices	Apply meditation and awareness tools with grieving clients	Nancy Johnston, LPC, LSAP
3:15 - 4:45 pm	Yoga for Those Who Are Grieving	Learn gentle yoga movements to help move grief	Catherine McMahon, MSW Graduate Student & HOP Bereavement Intern
4:45 - 5:00 pm	Closing		

Thanks to PATH Foundation's Better Together Fund for making this event possible.