HOSPICE OF THE Piedmont
KIDS' GRIEF AND HEALING

# KIDS' GRIEF & HEALING Holiday Workshops

## Remembering our people. Navigating the holidays together.

The holidays can bring a mix of emotions when someone we love has died. Families are invited to gather, remember their loved ones, and explore ways to navigate the holiday season while grieving.

Children and teens ages 5–18 who are still attending high school, along with their families, are welcome.

### CHARLOTTESVILLE

675 Peter Jefferson Pkwy., Suite 300

Thursday, November 12
5:30–7:00 p.m.

Thursday, December 10
5:30–7:00 p.m.

### CULPEPER

1200 Sunset Lane, Suite 2320

Saturday, December 12
10:00 a.m.–12:30 p.m.

Bring a photo of your special person, if you'd like. A light meal will be provided.

**REGISTER: kidsgrief@hopva.org**